

The Hawk's Eye

Weekly News from Hope Elementary School



A message from Mrs. Fagonde

At HES, school safety is our number one priority. Although we don't anticipate ever going into lockdown, we recognize that the best thing we can do to prepare for an emergency is to practice. HES will be practicing their first lockdown drill next week. Our staff is trained and ready. A notice will be sent out to parents via email the day of our lockdown so that parents can be ready to discuss the drill with their children. The entire lockdown drill typically lasts five to ten minutes. As always, if you have any questions or concerns, please contact me at Danielle.Fagonde@fivetowns.net or by calling 785-4081.

Upcoming Events for Your Calendar

Oct. 10th - Indigenous Peoples' Day (NO SCHOOL)
 Oct. 20th - Parent/Teacher conferences (Early release at 11:30AM)
 Oct. 25th - School pictures
 Oct. 28th - Fall NWEA testing window closes
 Nov. 2nd - Student Assembly
 Nov. 11th - Veterans Day (NO SCHOOL)
 Nov. 21st - 25th - Thanksgiving Break (NO SCHOOL)



"Develop a passion for learning. If you do, you will never cease to grow."

~Anthony D'Angelo



Substitutes Wanted

HES is always in need of substitutes. If you are interested please contact the Superintendent's office at 763-3818. Applications are available online: [School Union 69](#).



Spanish Website
 Click [here](#) to check out Señor Angulo's new HES Spanish page!

Pre-K

Students took advantage of some lovely weather this week and worked outdoors. Many helped harvest gourds that had volunteered in our compost pile, some picked potatoes, one little boy worked to repair our garden cart and a few even dug for buried treasure.



First Grade

Big Buddies and a trip to the Botanical Gardens last week!



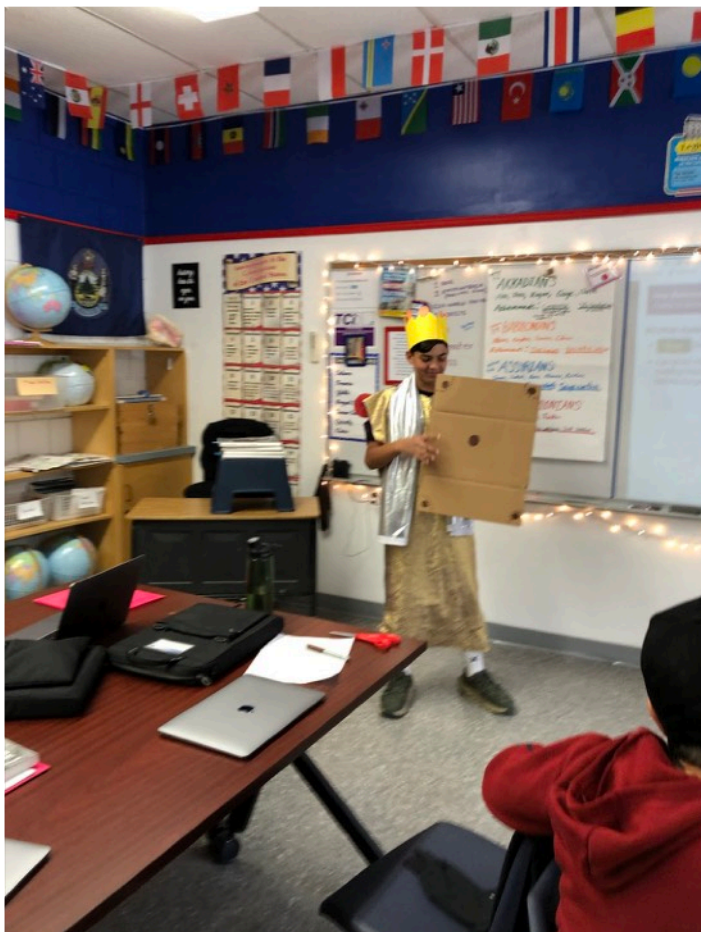
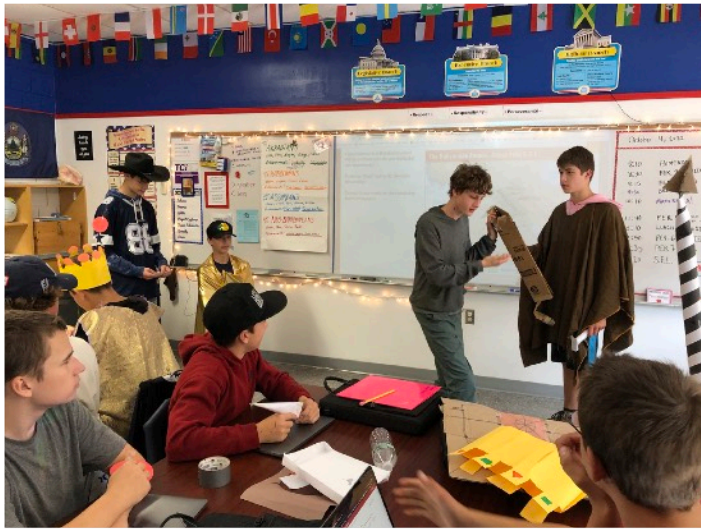
Fourth Grade

Fourth graders have begun their study of the structures and functions of living things. They started by learning about some of the smallest building blocks of life - cells! Each student built a colorful cell containing some of the organelles we studied - mitochondria, nucleus and nucleolus, cell membrane, and the cell wall.



Eighth Grade

Eighth graders performing skits on the empires of Mesopotamia!

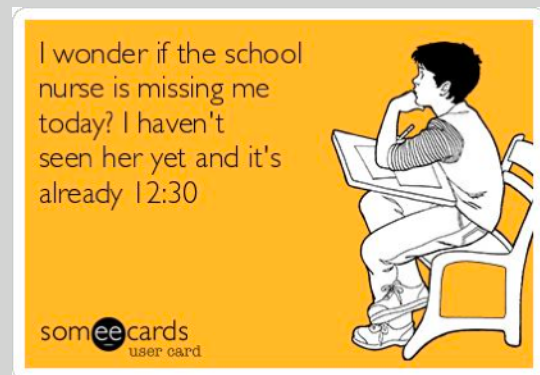


School Pictures



Lifetouch will be here on Tuesday, October 25th for fall picture day. In addition to the traditional order form, you can order portraits on-line at mylifetouch.com The HES picture day ID is EVTR7VW7K.

On-line orders will be tracked and printed just as if a paper order form had been given to the photographer. All students will have their pictures taken for student records. There will be a makeup day for absent students and any re-takes. Order forms have been sent home with students. Please contact the office with any questions at: 785-4081 or [hessoffice @fivetowns.net](mailto:hessoffice@fivetowns.net)




If your kids have sniffles or coughs or colds, please use these days for rest and getting healthy. And if your kids are sick, please please please don't send them to school, for everyone's health!

Enjoy the long weekend and be well.
Nurse Reagan

Hope Elementary School Menu

October 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Crispy Chicken Sandwich Fruit/Veggies/Milk B: Cereal	Spaghetti with Meat Sauce Fruit/Veggies/Milk B: Blueberry Muffins	Grilled Cheese w/Chips Fruit/Veggies/Milk B: Yogurt Parfait	Chicken Noodle Soup w/ Breadstick Fruit/Veggies/Milk B: Fruit Salad w/Yogurt	Cheese Pizza Fruit/Veggies/Milk B: Cereal Bars w/Cheese Stick
10	11	12	13	14
NO SCHOOL Indigenous Peoples' Day	Chicken Nuggets w/Corn & Potato Wedges B: Yogurt Parfait	Macaroni & Cheese Fruit/Veggies/Milk B: Fruit Salad w/Yogurt	Waffle Sticks, Scrambled Eggs & Sausage Fruit/Veggies/Milk B: Nutri Grain Bars	Pepperoni Pizza Fruit/Veggies/Milk B: Cereal
17	18	19	20	21
Hot Dogs w/Potato Wedges Fruit/Veggies/Milk B: Cereal Bars w/Cheese Stick	Chicken & Broccoli with Noodles Fruit/Veggies/Milk B: Muffins	Ham & Cheese Stromboli Fruit/Veggies/Milk B: Fruit Salad w/Yogurt	Meatloaf w/Green Beans Fruit/Veggies/Milk B: Yogurt Parfait	Cheese Pizza Fruit/Veggies/Milk B: Cereal
24	25	26	27	28
Cheese Raviolis w/Garden Salad B: Blueberry Muffins	Spaghetti w/Meat Sauce Fruit/Veggies/Milk B: Cereal	Chicken Quesadillas Fruit/Veggies/Milk B: Yogurt Parfait	Pepperoni & Cheese Calzones Fruit/Veggies/Milk B: Blueberry Muffins	Pepperoni Pizza Fruit/Veggies/Milk B: Nutri Grain Bars
31	1	2	3	4
Cheeseburgers w/Chips Fruit/Veggies/Milk B: Cereal Bars				

Student meals are free.

Milk without a meal is \$.40

Adult meal: \$4

Breakfast includes protein, fruit, whole grain, and milk.

Lunch options include a choice of salad, bagel, or sandwich/entrée of the day.
Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Menu is subject to change.

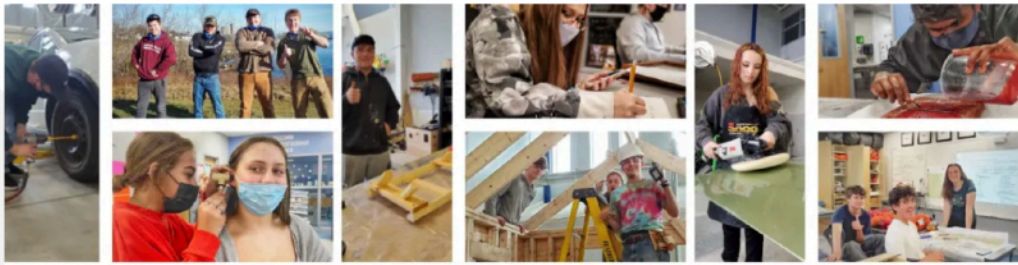
HES is an equal opportunity provider.

Payments should be made payable to:
Hope Elementary School

<https://k12paymentcenter.com>

Open House

September 29, 2022



O p e n H o u s e

October 13, 2022

5-7pm

MID-COAST

SCHOOL OF TECHNOLOGY

Alumni Table • 17 programs • SkillsUSA

Raffles • Program Information



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