<u>HES.FIVETOWNS.NET</u> OCTOBER 7, 2022

The Hawk's Eye

Weekly News from Hope Elementary School



A message from Mrs. Fagonde

At HES, school safety is our number one priority. Although we don't anticipate ever going into lockdown, we recognize that the best thing we can do to prepare for an emergency is to practice. HES will be practicing their first lockdown drill next week. Our staff is trained and ready. A notice will be sent out to parents via email the day of our lockdown so that parents can be ready to discuss the drill with their children. The entire lockdown drill typically lasts five to ten minutes. As always, if you have any questions or concerns, please contact me at <u>Danielle.Fagonde</u> <u>@fivetowns.net</u> or by calling 785-4081.

Upcoming Events for Your Calendar

Oct.10th - Indigenous Peoples' Day (NO SCHOOL)

Oct. 20th - Parent/Teacher conferences (Early release at 11:30AM)

Oct. 25th - School pictures

Oct. 28th - Fall NWEA testing window closes

Nov. 2nd - Student Assembly

Nov. 11th - Veterans Day (NO SCHOOL)

Nov. 21st - 25th - Thanksgiving Break (NO SCHOOL)



"Develop a passion for learning. If you do, you will never cease to grow." ~Anthony D'Angelo



Wanted
HES is always in need of substitutes. If you are interested please contact the
Superintendent's office at 763-3818.
Applications are available online: School



Union 69.

Spanish Website
Click here to check out
Señor Angulo's new
HES Spanish page!

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Pre-K

Students took advantage of some lovely weather this week and worked outdoors. Many helped harvest gourds that had volunteered in our compost pile, some picked potatoes, one little boy worked to repair our garden cart and a few even dug for buried treasure.









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First Grade

Big Buddies and a trip to the Botanical Gardens last week!







Fourth Grade

Fourth graders have begun their study of the structures and functions of living things. They started by learning about some of the smallest building blocks of life - cells! Each student built a colorful cell containing some of the organelles we studied - mitochondria, nucleus and nucleolus, cell membrane, and the cell wall.

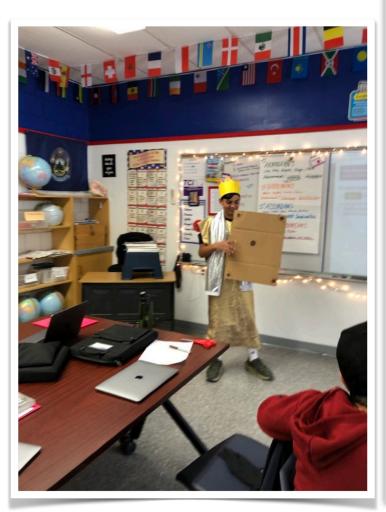


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Eighth Grade

Eighth graders performing skits on the empires of Mesopotamia!





School Pictures



Lifetouch will be here on Tuesday, October 25th for fall picture day. In addition to the traditional order form, you can order portraits on-line at mylifetouch.com The HES picture day ID is EVTR7VW7K.

On-line orders will be tracked and printed just as if a paper order form had been given to the photographer. All students will have their pictures taken for student records. There will be a makeup day for absent students and any re-takes. Order forms have been sent home with students. Please contact the office with any questions at: 785-4081 or hesoffice @fivetowns.net



If your kids have sniffles or coughs or colds, please use these days for rest and getting healthy. And if your kids are sick, please please please don't send them to school, for everyone's health!

Enjoy the long weekend and be well. Nurse Reagan

Hope Elementary School Menu

MONDAY TULESDAY WEDNESDAY THURSDAY FRIDAY Grilled Cheese w/Chicken Sandwich Spagherff with Meat Sauce Grilled Cheese w/Chips Chicken Noodle Soup w/Breadstick Great Bars w/Cheese Pizza Fruit/Veggies/Milk Fruit/Veggies/Milk Fruit/Veggies/Milk Fruit/Veggies/Milk Fruit/Veggies/Milk B: Cereal Bars w/Chalcous Peoples' Day B: Blueberry Muffins B: Fruit Salad w/Yogurt B: Fruit Salad w/Yogurt Peoperoni Pizza Indigenous Peoples' Day B: Yogurt Parfait B: Fruit Salad w/Yogurt B: Fruit/Veggies/Milk B: Cereal Bars w/Cheese Fruit/Veggies/Milk B: Cereal Bars w/Cheese Fruit/Veggies/Milk B: Cereal Bars w/Cheese B: Fruit Salad w/Yogurt B: Fruit Grill Bars B: Cereal Bars w/Cheese B: Cereal Bars w/Cheese Salad Fruit/Veggies/Milk B: Fruit Salad w/Yogurt B: Yogurt Parfait B: Cereal Bars w/Cheese Pepperoni R-Truit/Veggies/Milk B: Cereal Bars w/Cheese Salad Fruit/Veggies/Milk Fruit/Veggies/Milk B: Truit Farjat B: Blueberry Muffins B: Mutfins B: Bueberry Muffins B: Cereal Bars B: Yogurt Parfait B: Blueberry Muffins B: Wutri Grain B	Elemen	Hope Elementary School	Menu	Octo	October 2022
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B: Blueberry Muffins B: Yogurt Parfait B: Fruit Salad w/Yogurt Thicken Nuggets w/Corn & Macaroni & Cheese Fruit/Veggies/Milk B: Yogurt Parfait B: Yogurt Parfait B: Yogurt Parfait B: Fruit Salad w/Yogurt B: Muffins B: Fruit Salad w/Yogurt B: Cereal B: Yogurt Parfait B: Yogurt Parfait B: Fruit Salad w/Yogurt B: Cereal B: Yogurt Parfait B: Slueberry Muffins B: Cereal B: Yogurt Parfait B: Yogurt Parfait B: Blueberry Muffins B: Cereal B: Yogurt Parfait B: Blueberry Muffins B: Yogurt Parfait B: Yogurt Parfait B: Yogurt Parfait B: Blueberry Muffins		Spaghetti with Meat Sauce Fruit/Veggies/Milk	Grilled Cheese w/Chips Fruit/Veggies/Milk	Chicken Noodle Soup w/ Breadstick Fruit/Veggies/Milk	Cheese Pizza Fruit/Veggies/Milk
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Chicken Nuggets w/Corn & Macaroni & Cheese Potato Wedges Pruit/Veggies/Milk B: Yogurt Parfait B: Fruit Salad w/Yogurt R: Nutri Grain Bars Noodles Fruit/Veggies/Milk B: Muffins B: Fruit Salad w/Yogurt B: Nutri Grain Bars Chicken & Broccoli with Ham & Cheese Stromboli R: Nutri Grain Bars R: Nutri Grain Bars Chicken & Broccoli with B: Fruit/Veggies/Milk B: Fruit Salad w/Yogurt B: Cereal Spaghetti w/Meat Sauce Fruit/Veggies/Milk B: Cereal B: Yogurt Parfait B: Yogurt Parfait B: Glicken Quesadillas Fruit/Veggies/Milk B: Ruit/Veggies/Milk B: Ruit/Veggies/Milk B: Ruit/Veggies/Milk B: Blueberry Muffins 3	0	11	12	13	14
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Chicken & Broccoli with Ham & Cheese Stromboli Meatloaf w/Green Beans Pruit/Veggies/Milk B: Muffins Spaghetti w/Meat Sauce Chicken Quesadillas Fruit/Veggies/Milk B: Cereal B: Yogurt Parfait B: Fruit/Veggies/Milk B: Yogurt Parfait B: Blueberry Muffins 3	17	18		20	21
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Spaghetti w/Meat Sauce Chicken Quesadillas Fruit/Veggies/Milk Fruit/Veggies/Milk B: Cereal B: Yogurt Parfait B: Blueberry Muffins 3		B: Muffins	B: Fruit Salad w/Yogurt	B: Yogurt Parfait	B: Cereal
Spaghetti w/Meat Sauce Chicken Quesadillas Pepperoni & Cheese Calzones Fruit/Veggies/Milk B: Cereal B: Yogurt Parfait B: Blueberry Muffins 1 2 3 3	24	25	26	27	28
B: Cereal B: Yogurt Parfait B: Blueberry Muffins 3	_	Spaghetti w/Meat Sauce Fruit/Veggies/Milk	Chicken Quesadillas Fruit/Veggies/Milk	Pepperoni & Cheese Calzones Fruit/Veggies/Milk	Pepperoni Pizza Fruit/Veggies/Milk
		B: Cereal	B: Yogurt Parfait	B: Blueberry Muffins	B: Nutri Grain Bars
	31	1	2	3	4

Student meals are free.

Milk without a meal is \$.40 Adult meal: \$4

Breakfast includes protein, fruit, whole grain, and milk.

Lunch options include a choice of salad, bagel, or sandwich/entrée of the day. Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Menu is subject to change.

HES is an equal opportunity provider. https://k12paymentcenter.com Payments should be made payable to: Hope Elementary School

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Open House













H o u s e

October 13, 2022 5-7pm

SCHOOL OF TECHNOLOGY

Alumni Table • 17 programs • SkillsUSA

Raffles

Program Information

















